



## **MISSION**

**My Sister's Place (MSP) shelters, supports and empowers survivors of domestic violence and their children, while providing leadership and education to build a supportive community.**

## **HISTORY**

For over 40 years, **MSP has been an innovator** in changing lives by providing DC's first hot-line, first domestic violence shelter, and most recently, first Batterer Intervention group. As **DC's oldest domestic violence shelter**, we have served as a cornerstone of the District's response to this pressing public health issue since 1979.

## **PROGRAMS & SERVICES**

MSP is unique in *offering a continuum of care* from emergency shelter through transitional-to-permanent housing. Our experienced team of case managers and residential counselors provide clinical counseling, case management, and comprehensive services to empower survivors to recover and thrive. *MSP also provides training, case consultation, and advocacy to engage communities to prevent violence and abuse.*

**Sanctuary Plus** - our 90-day emergency shelter for women feeling domestic violence and their children. Home to 15 families, Sanctuary Plus provides residents with counseling, case management, daily coaching and referrals to enable them to successfully transition to permanent housing and independence.

**Reaching Independence through Survivor Empowerment (RISE)** - our 1-year transitional-to-permanent housing program where staff provides case management and financial literacy resources aimed to empower participants. Families have the option to remain in the homes they have built for themselves after exiting the program.

**Aftercare** - clients exiting our housing programs receive up to 90 days of aftercare with case-management staff, who provide ongoing support and referrals as needed.

**Outreach & Education** - our programs include regular community trainings and educational events to service providers and community members, as well as a Latino Outreach Program, which provides resources to DC's Spanish speaking residents.

**Batterer Intervention Group** - a 24-week intensive program that provides fathers who are batterers with tools to address their abusive behavior.

**181** survivors and **329** children served by MSP's programs.  
**1990** case management and counseling sessions were provided.

## **IMPACT for FY20:**

**142** women provided with safe, secure shelter for an average of **90 days**.  
**97** survivors transitioned to transitional or permanent housing and **37 survivors graduated RISE** transitional housing program and living in permanent housing.

**"I thought there were no more options for me. I did not know what I was going to do, where my children and I were going to go, until I came across My Sister's Place! When I read about it online, I did not believe it was true; all the amazing things I read about the program. *I had never pictured my family in a shelter, I mean, who would?* The thing is this- it is more than just a mom and children's shelter, My Sister's Place is A SAFE HOUSE! **This is a place of hope and guidance and it even gives you faith, if you felt like you've lost it.****

- Sonya\*, MSP client and survivor

\*Names and identifying details changed to protect client confidentiality

Interested in learning more? View our 2019 Annual Report on our website.

1436 U Street NW | Suite 303 | Washington, DC 20009 | [www.mysistersplacedc.org](http://www.mysistersplacedc.org) | (202) 529-5261